



COVID 19 Protocol and Guidelines

As a reminder the following policies and protocols will be followed and enforced. All procedures and protocols fall in line with the current CDC health guidelines and imposed restrictions. **ALL** participants in SORA programs must agree and adhere to the following protocols and guidelines until it's deemed safe not to do so by SORA.

Protocols

- Rower / Coaches exhibiting symptoms or who have been in contact with persons exhibiting symptoms **MUST** stay home.
- **IF** you are waiting on COVID test results, we ask that you do **NOT** return to the boathouse until you have a confirmed **NEGATIVE** result.
- **Masks** will be **mandatory** on land around the boatyard and dock area, masks may be removed when in a boat.
- All rowers may **NOT** return to the boathouse without a signed waiver by both the rower and parent that they understand these guidelines

Procedures

- Rowers/Coaches will have temperatures taken upon arrival to the boathouse, any temperature **over** 100 degrees will be sent home.
- Rowers /Coaches will increase hand sanitizing on arrival and departure (we will provide and supervise)
- Rowers /Coaches will maintain social distance (recommended 6 ft)
- Boats and equipment will be washed before and after while keeping the suitable distances (Boat and Oars are cleaned with a bleach water mixture before and after rowing)
- Rowers/Coaches will not gather in groups upon arrival and departure. Boat launch and recovery on the dock will be staggered appropriately to keep numbers on land low.
- Coaches will ensure no interaction with other park users or park staff
- For Rowers who do not drive themselves. We will ask all parents to remain in their vehicles and not socialize with one another.

I, _____, have read and agree to the above terms. I understand that any violation of these rules may put my participation at risk. I also understand that while every precaution will be taken by SORA to ensure rowers' safety, there is risk in attending any group function and I agree to hold SORA harmless for any resulting illness or injury.

ROWER'S PRINTED NAME: _____

ROWER'S SIGNATURE: _____

Date

PARENT/GUARDIAN PRINTED NAME: _____

PARENT/GUARDIAN SIGNATURE: _____

Date